



MAY 2024

Minimum of three meals per week. Please cross out the meals you do not want.

Note: there will be no substitutions.

If you do not want a particular meal, no meal will be delivered that day.

Please sign and return this menu no later than April 24th,
otherwise you will be billed for all meals.

Name: _____ Date: _____

Signature: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Turkey Sandwich Soup- Pasta Fagioli Sun Chips Apple	30 Pulled Pork Baked Potatoes Roasted Cauliflower Orange	1 Cilantro Lime Chicken Cilantro Lime Rice Corn w/ Pimentos Pear	2 BBQ Chicken Garlic Roasted Potatoes Steamed Broccoli Banana	3 Chicken Enchilada Casserole Mexican Rice Roasted Vegetable Apple
4 Meatloaf Mashed Potatoes Spinach & Mushrooms Orange	5 Penne Pasta w/ Meatballs and Marinara Breadsticks Roasted Vegetables	8 Taco Beef Mexican Rice Corn w/ Pimentos Banana	9 Chicken Stir Fry Brown Rice Steamed Broccoli Apple	10 Jerk Chicken Thighs Red Beans & Rice Okra and Tomatoes Orange
11 Hamburger w/ Lettuce and Tomato Coleslaw Pear	12 Pulled Pork Mashed Potatoes Roasted Vegetables Banana	15 Cilantro Lime Chicken Cilantro Rice Corn w/ Pimentos Apple	16 Roasted Pork Loin Mac & Cheese Steamed Carrots Orange	17 Teriyaki Chicken Brown Rice Steamed Broccoli Pear
18 Latin Spiced Pork Loin Cilantro Rice Summer Squash w/ Tomatoes Banana	19 Smoked Pork Sausage & Peppers Mac & Cheese Roasted Brussels Apple	22 Cuban Beef Picadillo Mexican Rice Corn w/ Pimentos Orange	23 Salmon w/ Mediterranean Herbs Garlic Roasted Potatoes Grilled Vegetables Pear	24 BBQ Chicken Breast Baked Beans Roasted Cauliflower & Broccoli Banana
25 Turkey Sandwich Soup- Pasta Fagioli Sun Chips Apple	26 Pulled Pork Baked Potatoes Roasted Cauliflower Orange	29 Cilantro Lime Chicken Cilantro Lime Rice Corn w/ Pimentos Pear	30 BBQ Chicken Garlic Roasted Potatoes Steamed Broccoli Banana	31 Chicken Enchilada Casserole Mexican Rice Roasted Vegetable Apple

All meals are subject to change.