

IF YOU ARE ON THE WEEKEND PLAN

WEEKEND “FROZEN DINNER” MENU FOR THE MONTH OF **DECEMBER 2023**

ONE MEAL PER PERSON. FROZEN MEALS WILL BE DELIVERED IN YOUR THURSDAY OR FRIDAY MEAL DELIVERY.

IF THERE IS A MEAL YOU (DO NOT WANT) “CROSS OUT” THAT SELECTION.
NOTE: THERE ARE NO SUBSTITUTIONS.

PLEASE SIGN BELOW AND RETURN

WEEKEND MEALS ARE \$5.00 (OUR COST) OR WHAT YOU ARE CURRENTLY PAYING PER MEAL, WHICHEVER IS LESS.

SATURDAY, DEC:	2 ND	CHICKEN PARMESAN
SUNDAY, DEC:	3 RD	MEAT LOAF & GRAVY
SATURDAY, DEC:	9 TH	CHICKEN BROCCOLI ALFREDO
SUNDAY, DEC:	10 TH	SALISBURY STEAK
SATURDAY, DEC:	16 TH	SOUTHERN STYLE FISH
SUNDAY, DEC:	17 TH	MESQUITE CHICKEN
SATURDAY, DEC:	23 RD	SWEDISH MEATBALLS & GRAVY
SUNDAY, DEC:	24 TH	CHEESE LASAGNA
SATURDAY, DEC:	30 TH	TURKEY & DRESSING
SUNDAY, DEC:	31 ST	SOUTHERN STYLE FISH

SIGN: _____ DATE: _____

****RETURN FORM TO JOSLYN CENTER AS SOON AS POSSIBLE****

“...BECAUSE WE CARE...”