

**WEEKEND "FROZEN DINNER" MENU FOR THE MONTH OF
"SEPTEMBER" IF YOU ARE ON THE WEEKEND PROGRAM.**

**ONE MEAL PER PERSON. FROZEN MEALS WILL BE DELIVERED IN
YOUR THURSDAY OR FRIDAY MEAL DELIVERY.**

**IF THERE IS A MEAL YOU (DO NOT WANT) CROSS OUT THAT
SELECTION. NOTE: THERE ARE NO SUBSTITUTIONS**

PLEASE SIGN BELOW AND RETURN

**WEEKEND MEALS ARE \$5.00 (OUR COST) or WHAT YOU ARE
CURRENTLY PAYING PER MEAL, WHICHEVER IS LESS.**

SATURDAY, SEPT:	1 ST	CHICKEN BROCCOLI ALFREDO
SUNDAY, SEPT:	2 ND	SALISBURY STEAK N' GRAVY
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SATURDAY, SEPT:	8 TH	CHICKEN N' RICE & GRAVY
SUNDAY, SEPT:	9 TH	BEEF POT ROAST
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SATURDAY, SEPT	15 TH	TURKEY POT ROAST
SUNDAY, SEPT:	16 TH	CHICKEN PARMESAN
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SATURDAY, SEPT:	22 ND	MESQUITE CHICKEN
SUNDAY, SEPT:	23 RD	MEAT LOAF N' GRAVY
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SATURDAY, SEPT:	29 TH	SLICED TURKEY N' GRAVY
SUNDAY, SEPT:	30 TH	SWEDISH MEATBALLS

SIGN: _____ DATE: _____

****RETURN FORM TO JOSLYN CENTER BY "ASAP" ****

"...BECAUSE WE CARE..."

SEPTEMBER 2018 MINIMUM OF THREE MEALS PER WEEK. PLEASE CROSS OUT THE MEALS YOU DO NOT WANT. **NOTE: THERE WILL BE NO SUBSTITUTIONS. IF YOU DO NOT WANT A PARTICULAR MEAL, NO MEAL WILL BE DELIVERED THAT DAY. **PLEASE SIGN AND RETURN THIS MENU NO LATER THAN AUGUST 29TH. OTHERWISE YOU WILL BE BILLED FOR ALL MEALS.

NAME: _____ DATE: _____

Mon	Tue	Wed	Thu	Fri
27 <i>Meatloaf Mashed Potatoes Veggie Dessert</i>	28 <i>BLT Salad Roll Dessert</i>	29 <i>Turkey w/orange & cranberry Mashed Potatoes Roll</i>	30 <i>Taco Salad Dessert</i>	31 <i>Lemon Pepper Whitefish Rice Veggie</i>
3 <i>Closed Labor Day (Frozen)</i>	4 <i>Enchilada Casserole Spanish Rice Refried Beans</i>	5 <i>Chicken & Veggie Biscuit Dessert</i>	6 <i>Meatloaf Mashed Potatoes Veggie</i>	7 <i>Baked Ziti Salad Dessert</i>
10 <i>Chicken Salad Wrap Boiled Egg Dessert</i>	11 <i>Spanish Rice w/ Beef Veggie Roll</i>	12 <i>Spaghetti & Meatballs Salad Garlic Bread</i>	13 <i>Chef's Salad Roll Dessert</i>	14 <i>Lemon Pepper Whitefish Rice</i>
17 <i>Chili Relleno Spanish Rice Beans</i>	18 <i>Taco Salad Dessert</i>	19 <i>Corned Beef Cabbage Mashed Potatoes</i>	20 <i>Chicken Stir Fry Rice Dessert</i>	21 <i>Stuffed Pollack Rice Veggie</i>
24 <i>Orange Chicken Rice Veggie Dessert</i>	25 <i>Scalloped Ham & Potatoes Veggie Dessert</i>	26 <i>BBQ Pineapple Chicken Rice Veggie Dessert</i>	27 <i>Beef Stir Fry Rice Dessert</i>	28 <i>Tuna Salad Roll Dessert</i>