

MARCH 2019 MINIMUM OF THREE MEALS PER WEEK. PLEASE CROSS OUT THE MEALS YOU DO NOT WANT. **NOTE: THERE WILL BE NO SUBSTITUTIONS. IF YOU DO NOT WANT A PARTICULAR MEAL, NO MEAL WILL BE DELIVERED THAT DAY. **PLEASE SIGN AND RETURN THIS MENU NO LATER THAN February 27th, OTHERWISE YOU WILL BE BILLED FOR ALL MEALS.

NAME: _____ DATE: _____

Mon	Tue	Wed	Thu	Fri
25 <i>Hot Dog Coleslaw Dessert</i>	26 <i>Pork Chop Mashed Potatoes Veggie Dessert</i>	27 <i>Chicken Caesar Salad Roll Dessert</i>	28 <i>Turkey Soup Corn Bread Dessert</i>	1 <i>Stuffed Pollack Pasta Veggie Dessert</i>
4 <i>Turkey Burger 3 Bean Salad Dessert</i>	5 <i>Chicken Stir Fry\ Rice Dessert</i>	6 <i>Taco Salad Dessert</i>	7 <i>Spinach, Bacon Pasta Dessert</i>	8 <i>Pizza Salad Dessert</i>
11 <i>Chili Relleno Beans Rice Dessert</i>	12 <i>Spaghetti & Meatballs Salad Garlic Bread Dessert</i>	13 <i>BLT Salad Roll Dessert</i>	14 <i>Chicken & Bean Burrito Salad Dessert</i>	15 <i>Egg Salad Sandwich Sun Chips Dessert</i>
18 <i>Orange Chicken Rice Veggie Dessert</i>	19 <i>Enchilada Casserole Salad Dessert</i>	20 <i>Beef &n Broccoli Rice Dessert</i>	21 <i>Chicken Salad Wrap Carrot Sticks Dessert</i>	22 <i>White Fish Rice Veggie Dessert</i>
25 <i>Chili Dog Coleslaw Dessert</i>	26 <i>Chicken Breast Pasta & Veggie Dessert</i>	27 <i>Pork Stir Fry Rice Dessert</i>	28 <i>Meatball Sub Pasta Salad Dessert</i>	29 <i>Tuna Salad Veggie Dessert</i>
1 <i>Meatloaf Mashed Potatoes Veggie</i>	2 <i>BBQ Chicken Sandwich Coleslaw Dessert</i>	3 <i>Beef Stroganoff Veggie Dessert</i>	4 <i>Spinach Salad Roll Dessert</i>	5 <i>Hamburger Baked Beans Coleslaw</i>

IF YOU'RE ON THE WEEKEND PLAN

WEEKEND "FROZEN DINNER" MENU FOR THE MONTH OF March 2019

ONE MEAL PER PERSON. FROZEN MEALS WILL BE DELIVERED IN YOUR THURSDAY OR FRIDAY MEAL DELIVERY.

IF THERE IS A MEAL YOU (DO NOT WANT) "CROSS OUT" THAT SELECTION. NOTE: THERE ARE NO SUBSTITUTIONS

PLEASE SIGN BELOW AND RETURN

WEEKEND MEALS ARE \$5.00 (OUR COST) or WHAT YOU ARE CURRENTLY PAYING PER MEAL, WHICHEVER IS LESS.

SATURDAY, FEB:	3 RD	CHICKEN BROCCOLI ALFREDO
SUNDAY, FEB:	4 TH	SALISBURY STEAK
SATURDAY, FEB:	10 TH	TURKEY POT ROAST
SUNDAY, FEB:	11 TH	MESQUITE CHICKEN
SATURDAY, FEB:	17 TH	SLICED TURKEY/ GRAVY
SUNDAY, FEB:	18 TH	MEAT LOAF & GRAVY
SATURDAY, FEB:	24 TH	CHICKEN PARMESAN
SUNDAY, FEB:	25 TH	SWEDISH MEATBALLS

SIGN: _____ DATE: _____

RETURN FORM TO JOSLYN CENTER AS SOON AS POSSIBLE

"...BECAUSE WE CARE..."